



## Spa + Stay

### Details

Tuesday & Wednesday Only

Overnight stay for two people in a Studio Barn

30-minute massage per person

Complimentary access to the Retreat East spa. Includes sauna, hot-tub (24-hours) and gym

Complimentary breakfast in-barn

### Cost

£195 for 2 people

Room upgrade for £35 to move up to a one-bedroom Dairy Barn

2-course in-barn dining option for £45

Additional spa treatments available on request

### Book Today

Due to the limited number of barns we have at Retreat East we recommend that you secure your package booking as soon as you can, as availability is minimal. Experience the luxury of Retreat East for yourself and feel the benefit of relaxation and reinvigoration.

[Book now](#)

To book, click the button above or visit: <https://www.pressi.co.uk/product/retreat-east/> and select the Valentines Escape package. Subject to availability, the management's decision is final.

Alternatively call the on-site team on 01449 760 480 or email [unwind@suffolk.farm](mailto:unwind@suffolk.farm).