



## Spa & Stay

Tuesday and Wednesday evenings only.

- Overnight stay for two people in one of our studio barns.
  - 30-minute massage per person.
- Complimentary access to the Retreat East Spa, includes Sauna, Hot tub (24 Hour), Iced Shower and Gym
- Complimentary Breakfast provided in-barn.

*Cost £195.00*

### Optional Extras

Room Upgrade - £35.00 to move up to a one-bedroom dairy barn  
2 Course in barn dining option - £45.00  
Extra spa treatments available on request

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RETREAT EAST