



Spa Treatments

Prescription & Skin Boosting Facials

THE POWER BREAKFAST FACIAL

Express facial for all skin types 30 minutes £35.00 If you are looking for quick results, need to look your best and don't have much time, this is the one for you. We have taken all the ingredients that you would find in a healthy breakfast, containing oats, honey and fruit juices, to create this revitalising facial. Includes a deep cleansing power cleanse, nutritious mask, lymph drainage massage and wonderful scalp massage. Now you are ready!

MY KINDA SKIN

Bespoke prescription facial for individual skin types 60 minutes £60.00 Are you the sensitive type? Classic combination? Dreadfully dry? Perhaps you don't know. Let us analyse your skin and prepare a wonderful treatment using products specifically for your skin type. Just relax and we'll do the rest. This gorgeous facial includes a face mask, lymph drainage and a face, scalp, hand and arm massage of your choice - choose from tranquil or lifting. You will feel amazing and your skin will look so, so good.

REPOSE AROMATHERAPY FACIAL

Relaxing, indulgent facial for all skin types 75 minutes £75.00 There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial is infused with generous antiinflammatory ingredients and will soothe, calm and nourish a tired, irritated or unhappy complexion. A divine treatment that includes lymph drainage and a tranquil face massage, a relaxing eye treatment and hot oil scalp massage. Pure Bliss.



CHAMPAGNE & TRUFFLES DELUXE TREATMENT

The crème de la crème of facials 90 minutes £110.00

This stunning treatment is just the thing if you are looking for a serious celebration for the skin, containing ingredients such as champagne, silk, diamonds, gold and of course black truffles. Highly unique elements include special lymph draining massage techniques to reveal fresher skin, a warm melting mask to help iron out fine lines and wrinkles, specialist lifting massage to strengthen muscle tone on the face and jowls, an iced blend to reduce puffiness and cold stone therapy. Finally, an application of Temple Spa award-winning SKIN TRUFFLE, will leave your complexion glowing, more youthful and instantly wonderful. You will receive a flute of bubbly and a delicious handmade truffle as you admire your complexion!

TRUFFLE EYE TREAT - MIRACLE WRINKLE REMEDY

A powerful non-surgical eyelift 30 minutes £42.00 The most luxurious anti-ageing treat that your eyes have been craving for. The eye area is treated with a gentle, yet scientifically advanced lifting eye massage combined with facial lymph drainage to brighten dark circles, plus a heavenly scalp massage to relax tension held around the eyes. In addition, super luxe EYE TRUFFLE is applied with cold therapy techniques for maximum wrinkle-ironing results. You'll emerge looking and feeling incredible, with an eye and brow area that is lifted, firmer and smoother, with reduced fine lines and wrinkles. Wow!



Spa Experiences - Top to Toe Spa Affairs

THE MEDITERRANEAN FLOAT

The fully loaded skin-luxe facial & body duo 90 minutes £85.00 Packed with delicious ingredients, this double deluxe all over treatment will leave you looking and feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with the iconic Mediterranean body scrub, prior to being cocooned in an aromatic infusion to soften and hydrate. Your rejuvenating facial contains our unique Mediterranean marinade. The results....? A totally smoothed and soothed skin, head to toe.

MY KINDA MOOD

A prescriptive facial & massage bespoke to you 120 minutes £105.00 Not sure how to spend the next couple of hours? Firstly, we'll chat about how you are feeling - skin, body & soul - and let you smell the different aromas to match your mood. Then we'll take care of you with a wonderfully relaxing and restorative full body massage, followed by an indulgent facial. We will select the products and techniques perfect for your wants and needs. You will look, feel and smell oh so good.



Body Wraps & Infusions

I'LL BE BACK

A facial for the back 45 minutes £55.00 Following an invigorating skin exfoliation with our Mediterranean scrub, warm purifying mud is smoothed all over your back for a deeply cleansing treatment. Heated fragrance infused mitts are used to remove the mask before a stimulating massage, leaving you energised and with a back to be proud of.

AAAHHH!

Leg & foot energiser 30 minutes £32.00 Don't you just hate it when your legs & feet beat like drums? This oh-so-good treatment is instant relief for tired, over worked limbs. It begins with skin brushing, to help eliminate excess fluids, followed by our Mediterranean Scrub; a warm oil massage, that will leave you tingling, and finally an invigorating rub with Aaahhh! Wonderful to add on to another treatment.

THE OUTER GLOW

Face & body exfoliation 45 minutes £50.00 Using our unique Sugar Buff Body Scrub, we polish your body and exfoliate your face with Breakfast Smoothie. This invigorating and refreshing all over treatment leaves the skin top-to-toe soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Go and glow!

GLORIOUS MUD

Skin conditioning & detoxifying mud wrap 60 minutes £65.00 Using the finest blends of ingredients for detoxifying and purification of the body, this treatment starts with top-to-toe body-brushing to encourage lymphatic flow. The body is then smoothed with warm vitamin and mineral rich mud which helps nourish and purify the skin. Once cocooned in a cosy wrap, the relaxation process is then taken to another level with a glorious face and scalp massage. You wouldn't believe wallowing in mud could feel so good!



Massage Treatments

SIGNATURE MASSAGE

60 minutes £60.00 A great treatment for when your confidence needs a boost or when your muscles just need a hug. The treatment begins with an energising back massage using our Dream Stones, followed by a rebalancing foot and leg massage and a re-assuring scalp massage. This is completed with an application of our Power Breakfast mask removed with steam towels infused with an uplifting aroma.

DRIFT AWAY

30 minutes £32.00 (back, neck & shoulder massage)

60 minutes £60.00 (relaxing full body massage)

90 minutes £85.00 (relaxing full body massage including a facial and scalp massage) It will soothe frazzled nerves, relaxing the muscles and the mind. We'll wind you down and take your mind off your thoughts for a while.

Manicures & Pedicures

REPLENISHING MANICURE OR PEDICURE BY OPI

60 minutes (inc varnish) £30.00 Additional French Polish +£3.00 Additional gel application +£10.00 Packed with botanical ingredients this essential monthly manicure or pedicure is a must have treatment, filled with natural extracts, vitamins and anti oxidants.

ICONIC OPI GELCOLOUR

60 minutes GelColour by OPI's shine intense shades cure in 30 seconds and lasts for weeks! OPI colour at the speed of light. Gel application including file and cuticles (for either hands or feet) £35.00 Additional French Overlays +£3.00 Soak Off Gels £8.00



Outback Organics Waxing

Fusing the latest cosmetic ingredients with innovative natural extracts from the coastline, forests and bush lands of Australia, the Outback Organics range has been developed to offer clients a choice of effective, botanical skin care solutions with an Aussie twist.

MEN

Chest or Back	30 mins	£30.00
Chest & Back	45 mins	£40.00

WOMEN

Full Leg 3	5 mins	£30.00	Lip	15 mins	£10.00
Half Leg	20 mins	£22.00	Chin	15 mins	£10.00
Bikini	15 mins	£18.00	Lip and Chin	15 mins	£18.00
High Bikini	20 mins	£23.00	Forearm	20 mins	£15.00
Hollywood	45 mins	£35.00	Full Arm	20 mins	£20.00
Brazilian	45 mins	£30.00	Underarm	5 mins	£15.00
Brow	15 mins	£10.00			

Eyebrows & Eyelashes

Eyelash Tint	30 mins	£18.00
Brow Tint	15 mins	£10.00
Lash & Brow Tint	30 mins	£25.00

NB: All tinting and perming require a patch test 24 hours prior to the treatment.



